

## The OPTIONS Program – MEng Cohort – Winter 2025

Tuesday, January 21 to Tuesday, March 18 | 3 - 5 pm ET (exclusive of week of February 17)

Date	Time (ET)	Location	Topic	Description	Instructor
Tues. Jan 21	3 - 5pm	GB202	Labour Market and Transferable Skills	Identify sectors that employ engineering graduates, and the skills and attributes employers seek from the workforce.	Emily Moore, Director, Troost Institute for Leadership Education in Engineering
Tues. Jan 28	3 – 5 pm	GB202	Networking I: Personal Value Proposition and Optimizing your LinkedIn Profile	Develop a personal value proposition that communicates the unique value you bring to the workplace. Learn the fundamental building blocks of a LinkedIn profile to support you in building a network of engineering professionals.	Joanne Lieu, Graduate Professional Development Coordinator, Office of the Vice Dean, Graduate Studies
Tues. Feb 4	3 – 5 pm	GB202	Career Exploration Plan I	Reflect on your experiences and stories in an organized way to clarify your strengths, desires, interests, personal qualities and influences using a career management tool. Create a career statement with professional vocabulary.	Mark Franklin, Practice Leader, CareerCycles.com & Instructor, Engineering Careers (TEP1030)
Tues. Feb 11	3 – 5 pm	GB202	Career Exploration Plan II	Debrief the career management tool. Transform your 'career statement' into an actionable Career Exploration Plan for 3+ career possibilities.	Mark Franklin, Practice Leader, CareerCycles.com & Instructor, Engineering Careers (TEP1030)
Week of Feb 17 (Complete on your own time)		Online	Job Search Strategies I: Resume and Cover Letter	Apply strategies to showcase your engineering experiences in an employment-oriented resume and cover letter.	Anny Fong, Lecturer, Rotman School of Management
Tues Feb 25	3 – 5 pm	GB202	Networking II: Informational Interviews	Learn how to conduct informational interviews that allow you to explore career options and cultivate meaningful relationships with industry leaders. Conduct a mock interview with a U of T Engineering alumni.	Chirag Variawa, Director, First Year Curriculum, and Associate Professor, Teaching-stream
Tues Mar 4	3 – 5 pm	GB202	Job Search Strategies II: Interviewing	Learn about the types of interview questions and how best to answer them. Participate in a mock interview.	Joanne Lieu, Graduate Professional Development Coordinator, Office of the Vice Dean, Graduate Studies
Tues. Mar 11	3 – 5 pm	GB202	Job Search Strategies III: Workplace Fit and Job Offer Negotiation	Define the workplace and culture factors that are important for your career and life. Learn about the job negotiation process including what you can negotiate and how to have a negotiation conversation.	Mark Franklin, Practice Leader, CareerCycles.com & Instructor, Engineering Careers (TEP1030)
Tues. Mar 18	3 – 5 pm	GB202	Leading In Your Career	You landed a job! Now what? Use a self-assessment to discover your working style to transform from an individual, technical expert to a collaborative engineering leader. Identify strategies to take initiative in your new job.	Joanne Lieu, Graduate Professional Development Coordinator, Office of the Vice Dean, Graduate Studies