

The OPTIONS Program – PhD and PDF Cohort – Winter 2023

Mon Jan 23 – Mon Mar 20 | 1 - 3 pm ET (exclusive of Mon Feb 20)

Date	Time (ET)	Location	Topic	Description	Instructor
Mon Jan 23	1 - 3 pm	GB202	Labour Market and Transferable Skills	Identify sectors that employ engineering graduates, and the skills and attributes employers seek from the workforce.	Jason Anderson, Professor, Department of Electrical & Computer Engineering
Mon Jan 30	1 - 3 pm	GB202	Career Exploration Plan I	Reflect on your experiences and stories in an organized way to clarify your strengths, desires, interests, personal qualities and influences using a career management tool. Create a career statement with professional vocabulary.	Teresa Didiano, Graduate Professional Development Coordinator, Troost Institute for Leadership Education in Engineering
Mon Feb 6	1 - 3 pm	GB202	Career Exploration Plan II	Debrief the career management tool. Transform your 'career statement' into an actionable Career Exploration Plan for 3+ career possibilities.	Mark Franklin, Practice Leader, CareerCycles.com & Instructor, Engineering Careers (TEP1030)
Mon Feb 13	1 - 3 pm	GB202	Networking I: Personal Value Proposition and Optimizing your LinkedIn Profile	Develop a personal value proposition that communicates the unique value you bring to the workplace. Learn the fundamental building blocks of a LinkedIn profile to support you in building a network of engineering professionals.	Teresa Didiano
Week of Feb 20 (Complete on your own time)		Online	Job Search Strategies I: Resume and Cover Letter	Apply strategies to showcase your engineering experiences in an employment-oriented resume and cover letter.	Anny Fong, Lecturer, Rotman School of Management
Mon Feb 27	1 - 3 pm	Online	Networking II: Informational Interviews	Learn how to conduct informational interviews that allow you to explore career options and cultivate meaningful relationships with industry leaders. Conduct a mock interview with a U of T Engineering alumni.	Lydia Wilkinson, Assistant Professor, Engineering Communication Program
Mon Mar 6	1 - 3 pm	Online	Job Search Strategies II: Interviewing	Learn about the types of interview questions and how best to answer them. Participate in a mock interview.	Teresa Didiano
Mon Mar 13	1 - 3 pm	GB202	Job Search Strategies III: Workplace Fit and Job Offer Negotiation	Define the workplace and culture factors that are important for your career and life. Learn about the job negotiation process including what you can negotiate and how to have a negotiation conversation.	Mark Franklin
Mon Mar 20	1 - 3 pm	GB202	Leading In Your Career	You landed a job! Now what? Use a self-assessment to discover your working style to transform from an individual, technical expert to a collaborative engineering leader. Identify strategies to take initiative in your new job.	Teresa Didiano