

The OPTIONS Program – MEng Cohort – Fall 2022

Wednesday September 28 – Wednesday November 23 | 1 - 3 pm ET (exclusive of November 9)

Date	Time (ET)	Location	Topic	Description	Instructor
Sept 28	1 - 3 pm	In-person	Labour Market and Transferable Skills	Identify sectors that employ engineering graduates, and the skills and attributes employers seek from the workforce.	Emily Moore, Director, Troost Institute for Leadership Education in Engineering
Oct 5	1 - 3 pm	In-person	Career Exploration Plan I	Reflect on your experiences and stories in an organized way to clarify your strengths, desires, interests, personal qualities and influences using a career management tool. Create a career statement with professional vocabulary.	Teresa Didiano, Graduate Professional Development Coordinator, Troost Institute for Leadership Education in Engineering
Oct 12	1 - 3 pm	In-person	Career Exploration Plan II	Debrief the career management tool. Transform your 'career statement' into an actionable Career Exploration Plan for 3+ career possibilities.	Mark Franklin, Practice Leader, CareerCycles.com & Instructor, Engineering Careers (TEP1030)
Oct 19	1 - 3 pm	In-person	Networking I: Personal Value Proposition and Optimizing your LinkedIn Profile	Develop a personal value proposition that communicates the unique value you bring to the workplace. Learn the fundamental building blocks of a LinkedIn profile to support you in building a network of engineering professionals.	New GPD Coordinator?
Oct 26	1 - 3 pm	Online	Networking II: Informational Interviews	Learn how to conduct informational interviews that allow you to explore career options and cultivate meaningful relationships with industry leaders. Conduct a mock interview with a U of T Engineering alumni.	Lydia Wilkinson, Assistant Professor, Engineering Communication Program
Nov 2	1 - 3 pm	Online	Job Search Strategies II: Interviewing	Learn about the types of interview questions and how best to answer them. Participate in a mock interview.	New GPD Coordinator?
Week of Nov 7 (Complete on your own time)		Online	Job Search Strategies I: Resume and Cover Letter	Apply strategies to showcase your engineering experiences in an employment-oriented resume and cover letter.	Anny Fong, Lecturer, Rotman School of Management
Nov 16	1 - 3 pm	Online	Job Search Strategies III: Workplace Fit and Job Offer Negotiation	Define the workplace and culture factors that are important for your career and life. Learn about the job negotiation process including what you can negotiate and how to have a negotiation conversation.	Mark Franklin
Nov 23	1 - 3 pm	In-person	Leading In Your Career	You landed a job! Now what? Use a self-assessment to discover your working style to transform from an individual, technical expert to a collaborative engineering leader. Identify strategies to take initiative in your new job.	Teresa or New GPD Coordinator?