

## The OPTIONS Program – Winter 2019 Cohort Schedule

Monday | Jan 28 | 1 – 3 pm

Wednesday | Jan 30 – Apr 10 | 1 - 3 pm

Date	Location	Topic	Description	Instructor
Mon Jan 28	GB117	You as a Professional I: Labour Market and Transferable Skills	Learn about sectors that employ engineering graduates, and the skills and attributes employers seek from the workforce.	Jason Anderson, Professor, Electrical and Computer Engineering
Wed Jan 30	GB117	You as a Professional II: Self-awareness	Take a self-assessment to discover how to leverage your talents to transform from an individual, technical expert to a collaborative engineering leader.	Teresa Didiano, Special Program Coordinator, Troost Institute for Leadership Education in Engineering
Wed Feb 6	GB117	Skills Inventory for Career Clarification I	Reflect on your experiences and stories in an organized way to clarify your strengths, desires, interests, personal qualities and influences. Create a career statement with professional vocabulary.	Teresa Didiano
Wed Feb 13	GB117	Skills Inventory for Career Clarification II	Debrief skills inventory. Transform your 'career statement' into an actionable Career Exploration Plan for 3+ career possibilities.	Mark Franklin, Practice Leader, CareerCycles.com & Instructor, Engineering Careers (APS1030)
Wed Feb 27	GB117	You as a Professional III: Workplace Culture	Learn about the elements and different types of workplace cultures. Understand how different cultures might match your desires and strengths to better shape your job search.	Jordan Daniow, Leadership Education Specialist, Troost Institute for Leadership Education in Engineering
Wed Mar 6	GB117	Networking I: Personal Value Proposition	Develop a personal value proposition that communicates the unique value you bring to the workplace. Learn the fundamentals of networking etiquette.	Doug Reeve, Professor, Troost Institute for Leadership Education in Engineering and Teresa Didiano
Wed Mar 13	GB117	Networking II: LinkedIn	Learn the mechanics of building an effective LinkedIn profile. Develop strategies to build your network using LinkedIn, other online tools, and your community inside and outside U of T.	Doug Reeve and Teresa Didiano
Wed Mar 20	GB117	Networking III: Informational Interviews	Learn how to conduct informational interviews that allow you to explore career options and cultivate meaningful relationships with industry leaders.	Lydia Wilkinson, Instructor, Engineering Communications Program
Wed Mar 27	GB117	Job Search Strategies I: Resume and Cover Letter	Learn strategies to showcase your engineering PhD and post-doc experiences in resumes and cover letters.	Lydia Wilkinson
Wed Apr 3	GB202	Job Search Strategies II: Interviewing	Learn about the types of interview questions and how best to answer them. Participate in mock interviews.	Lydia Wilkinson
Wed Apr 10	GB117	Reflection and Next Steps	Reflect on your personal learning over the past 10 weeks. Take inventory of your Career Exploration Plan and set goals for next steps.	Jason Anderson