## APS1011H Concepts and Applications of Authentic Leadership

Course Designed by: Nick Evans and Mike Farley

#### **Course Description:**

This course is aimed at helping engineering students to combine their knowledge and practical skills with their natural authentic leadership in order to create meaningful work and vibrant lives for themselves, their communities, and society.

This course challenges the notion that leadership is a prescribed set of behaviours and allows students to explore their own authentic leadership. The exploration works with students to uncover 'Who Am I', 'What Am I Fundamentally About' and 'How Do I Show Up' to create the experiences and relationships that I want in my life & work. Students will be provided with a number of tools and models to understand their own behaviour, patterns, and stories.

In the second half of the course students will learn an authentic teaming approach to co-creating meaningful change. Students will identify inspiring possibilities, work through core challenges, and create integrated solutions together as change agents for a vibrant future.

#### **Learning Objectives**

- 1. Students will be able to articulate the core foundations of their own authentic leadership including who they are, what they are about and how they show up.
- 2. Students will become more consciously aware of how to create the experiences & relationships they truly want.
- 3. Students will learn an authentic teaming approach that enables them to get grounded with themselves, get connected with each other, and get creative in their work together.
- 4. Students will demonstrate the skills to create conversations to support thriving together.
- 5. Students will be able to co-create integrated solutions that will deliver sustainable growth for individuals, groups, and society.

#### **Instructors**

**Nick G. Evans** is the Principal at Dialogue\*C Inc, and focuses on executive coaching, leadership development & authentic teaming.

**Michael E. Farley** is a Founder of Pursuit Development Labs Inc., and focuses on authentic leadership development and resourcing people for authentic teaming.

# Student Evaluation

#### 1. Class Participation

Weekly in-class contributions and two one-page written contributions will be evaluated on depth and insight. Students will have the option to put more weight on the in-class verbal or on the written contributions. 15% of your final grade

### 2. Written Assignment and Presentation - 'My Authentic Leadership'

Students will be asked to write an essay about their own authentic leadership. As part of the process students will also be asked to share, in small groups, elements of their summary. Content will be generated from the in-class workshop material. 30% of your final grade

## 3. Short Paper on Creating Conversations to Support Thriving Together

Students will participate in a lecture on creating open authentic dialogues through perspective sharing, asking coaching questions and providing feedback that creates mutual learning. The paper will require the students to practice applying these concepts in their day to day conversations, reflecting on the experiences and capturing their learning. *15% of your final grade* 

## 4. Final Assignment – 'Co-Creation of Meaningful Change'

The final assessment will be the application of the course material on co-creating positive change. Students will share their passions for changes in their community and be challenged to develop possible strategies for the future. Individuals will form their own groups within the class based on common intent, and as a team will co-create an inspired integrated solution. Grades will reflect the quality of the thinking as captured in the class presentation and their individual paper. 40% of your final grade (20% on group presentation, 20% on individual report)

# Part 1 Who Am I? My Authentic Leadership

Class #	Topics Covered	Pedagogy	Objectives	Next Week's & Assignments			
Week 1 Sep 10	Introductions	Discussion	To set the intentions	Values pre-work done online. Go to			
·	Creating My Experiences Course Overview	Key Concepts  Explanation	To explore how we consciously create experiences, relationships, and work, life & career	www.unleashingmeaningfulwork. com Login in with your email address and the password pursuit. Print			
			Review Course Objectives and philosophy	out and bring your pre-work to next class.			
Week 2 Sep 17	Pursuit Values System	Discussion  Framework for	<ul> <li>To uncover my underlying values and how they guide my choices and actions</li> <li>Start understanding my Values System</li> </ul>	Complete Part 1 Tracking My Experiences Tool			
		self reflection	using the Tracking My Experience Tool	Values two pager due next week			
Week 3 Sep 24	My Purpose	Discussion Framework for self reflection	<ul> <li>Meaningful Experiences</li> <li>Result Value &amp; Meaningfulness</li> <li>To dramatically expand my sense of my own leadership and its relationship to my purpose.</li> </ul>	Purpose Statement one pager due next week			
Week 4 Oct 1	My Presence	Discussion Framework for self reflection	<ul> <li>My World View – React and Respond</li> <li>My Proactive Stand – How I show up</li> <li>Share My Presence</li> </ul>	Complete Part 2 Tracking of My Experiences Tool Next Class 6, bring 'My Authentic Leadership Snapshot'			
Week 5 Oct 8	No class Canadian Thanksgiving						
Week 6 Oct 15	Owning, being and expressing my authentic leadership	3 Experiential Dialogues	<ul> <li>3 Orientations Survive, Strive and Thrive</li> <li>Articulating my leadership to others and gaining the opportunity to receive perspective from others</li> <li>Being our values and purpose</li> <li>Regaining alignment when not being me</li> </ul>	My Authentic Leadership Paper Due Oct 29 including print out of one page snapshot of Your Authentic Leadership			

# Part 2 How Do We Co-Create Meaningful Change Together?

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Class #	Topics Covered	Pedagogy	Objectives	Next Week's & Assignments
Week 7	Areas of Interest	Concept	My World View Reconnect	Next class bring:
Oct 22			What is building your energy and burning your energy	Passion areas
		Group	about living in Toronto?	2. Print out of 'My Authentic
		Exploration	What do I have passion for? What is the positive	Leadership Snapshot'
			change that I want to create? What kind of work will I	
			find meaningful?	
Week 8	Teaming - Getting	Experiencing	Reflection on previous "Team" experiences	Make notes on their Teaming
Oct 29	Grounded &	Team	• Introduce Authentic Teaming – Get Grounded, Get	Experience
	Connected	Concepts in	Connected  Desire interpreting a selection and filled to consider a selection and the selection and th	
Week 9	Taomina Cattina	Groups	Begin integrating solutions on fillable work page      Dringing to gother our initial ideas into a rough	Make notes on their Teeming
Nov 5	Teaming – Getting Creative	Experiencing Team	Bringing together our initial ideas into a rough integrated solution.	Make notes on their Teaming Experience
G VOVI	Creative	Concepts in	Identify our barriers & challenges & setting our core	Bringing their ideas to the next
		Groups	creative challenge	Team Meeting
Week 10	Building Our	Group Work	How to build on the inspirational ideas in a solution	Groups to assign individual pre-
Nov 12	Integrated Solution	Croup Work	for greater impact.	work for week 12
1107 12	Integrated Columnia		How to see & collectively address gaps to strengthen	Initiating Conversations Based on
			the solution and the solution experience.	Feedback assignment due Nov 26
		Practice	Introduce SBI and providing positive feedback within	
			the team	
Week 11	Conversations to	Concept	Creating open, authentic dialogues to thrive, together.	
Nov 19	Support Thriving	Lecture	Coaching as an approach to guiding others	
	Together	Practice	Practice S B I Model to create mutual learning	
Week 12	Preparing our	Group Work	How to build on the inspirational ideas in a solution	Hand in Initiating Conversations
Nov 26	Community		for greater impact.	Based on Feedback assignment
	Presentations		How to see & collectively address gaps to strengthen	
			the solution and the solution experience.	Presentation preparation
		Practice	Coaching practice	
)		0. 1 .	Providing feedback within the team	
Week 13	Community	Student	Team Presentations	Email your final paper by
Dec 3	Presentations	Presentations		